







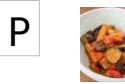






























Seizoensmenu Lente

winter	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	
Ontbijt; 7u30	rijstwafel / rice waffle / galette de riz					
Soep; 9u30	 bloemkool choufleur cauliflower	 tomaten tomates tomato	 venkel fenouil fennel	 courgette courgette zucchini	 asperge asperge asparagus	
Lunch; 11uur	 spinazie épinard spinach	 groentemix mélange de legumes vegetable mix	 prinsessenbonen haricots princesse princess beans	 P  ratatouille	 P  couscousgroenten legumes couscous couscous vegetables	
	 aardappelpuree puree mashed potatoes	 rijst riz rice	 aardappelen pommes de terre potatoes	 B  aubergine	 pasta pâtes pasta	 B  wortelen carottes carrots
	 BIO eieren oeufs eggs	 tilapia vis poisson tilapia tilapia fich	 linzen lentilles lentils	 quorn	 BIO kikkererwten pois chiches chic peas	
					 BIO P  tomatensaus sauce tomate tomatosauce	
4-uur'tje; 15u00	appel/pomme/appel	  BIO   BIO  				
	banaan/banane/banana					
	peer/poire/pear					
	appelsien/orange					
	mango/mangue					
	perzik/peche/peach					
 BIO brood+hummus pain+hummus bread+housmous	 brood+siroop pain+sirop bread+syruip	 tarwetoast+jonge kaas toast de blé+fromage jeune wheat toast+young cheese	 brood+olijfolie pain+huile d'olives bread+olive oil	MIX		
Wijzigingen Changements Changes						