







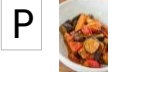

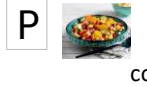



























Seizoensmenu Lente

winter	Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag
Ontbijt; 7u30	rijstwafel / rice waffle / galette de riz				
Soep; 9u30	 bloemkool choufleur cauliflower	 courgette courgette zucchini	 wortel carottes carots	 venkel fenouil fennel	 tomaten tomates tomato
Lunch; 11uur	 spinazie épinard spinach	 groentenmix mélange de légumes vegetable mix	 prinsessenbonen haricots princesse princess beans	 P  ratatouille	 P  couscousgroenten legumes couscous couscous vegetables
	 aardappelpuree puree mashed potatoes	 pasta pâtes pasta	 aardappelen pommes de terre potatoes	 B  courgette courgette zucchini	 B  wortelen carottes carots
	 BIO eieren oeufs eggs	 quorn	 linzen lentilles lentils	 koolvis collin coalfish	 BIO kikkererwten pois chiches chic peas
		 BIO tomatensaus sauce tomate tomatosauce			 BIO tomatensaus sauce tomate tomatosauce
4-uur'tje; 15u00	appel/pomme/appel	   BIO   			
	banaan/banane/banana				
	peer/poire/pear				
	appelsien/orange				
	mango/mangue				
	kiwi				
 BIO tarwetoast+hummus toast de ble+hummus wheat toast+housmous	 brood+siroop pain+sirop bread+syrup	 brood+cottage kaas pain+ fromage blanc bread+cottage cheese	 brood+olijfolie pain+huile d'olives bread+olive oil		MIX
Wijzigingen Changements Changes					